



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Happy Birthday
Sandy!



Happy Birthday Sandy **1**
 9:30 Morning Readings
 10:00 Fitness Fun with Noodles
 11:00 Horseshoe Toss
 1:00 Western TV Shows
 2:00 Who Am I?
 2:30 Snack & Hydrate
 3:00 Giant Dice Game
 4:00 Manicure & Hand Massage
 6:00 Late Snack with Soft Music

2
 9:00 Walking Club
 9:30 Morning Readings
 10:00 Exercise with Parachute
 11:00 Bingo
 1:00 Western TV Shows
 2:00 Happy Hour & Snack Time
 3:00 Different Group Therapies
 4:00 Life Station Activity
 6:00 Late Snack with Soft Music
 Groundhog Day

3
 9:30 Morning Readings
 10:30 Catholic Church Service
 10:30 Chair Dancing
 11:00 Golf Putty
 1:00 Western TV Shows
 2:00 Table Tidbits & Snacks
 3:00 Different Group Therapies
 4:00 Manicure & Hand Massage
 6:00 Late Snack with Soft Music

4
 9:30 Morning Readings
 10:30 Bingo
 1:00 Western TV Shows
 2:00 Bean Bag Number Toss
 3:00 Ice Cream Social
 3:30 One-on-One Walks
 4:00 Life Station Activity
 6:00 Tea & the Classics

5
 9:00 Walking Club
 9:30 Morning Readings
 10:00 Live Church Service
 11:00 Gardening/Sensory
 1:00 Relaxing Music
 2:30 Reminiscing Trivia
 3:00 Balloon Tennis
 4:00 Manicure & Hand Massage
 6:00 Late Snack with Soft Music

6
 9:00 Walking Club
 9:30 Morning Reading
 10:00 Dancing Exercise
 11:00 Noodle Hockey
 1:00 Western TV Shows
 2:00 Armchair Travel
 3:00 Table Pong
 4:00 Puzzles/Table Games
 6:00 Music to Sooth the Soul

7
 9:30 Morning Readings
 10:00 Morning Exercise
 10:45 Bingo
 1:00 Western TV Shows
 2:00 Karaoke Fun
 3:00 Chair Basketball
 4:00 Life Station Activity
 6:00 Late Snack with Soft Music

8
 9:30 Morning Readings
 10:00 Fitness Fun with Noodles
 11:00 Horseshoe Toss
 1:00 Western TV Shows
 2:00 Who Am I?
 2:30 Snack & Hydrate
 3:00 Giant Dice Game
 4:00 Manicure & Hand Massage
 6:00 Late Snack with Soft Music

9
 9:00 Walking Club
 9:30 Morning Readings
 10:00 Exercise with Parachute
 11:00 Bingo
 1:00 Western TV Shows
 2:00 Baby Therapy
 3:30 Friends & Family Party
 4:00 Life Station Activity
 6:00 Late Snack with Soft Music

10
 9:30 Morning Readings
 10:30 Catholic Church Service
 10:30 Chair Dancing
 11:00 Golf Putty
 1:00 Western TV Shows
 2:00 Table Tidbits & Snacks
 3:00 Different Group Therapies
 4:00 Manicure & Hand Massage
 6:00 Late Snack with Soft Music

11
 9:30 Morning Readings
 10:30 Bingo
 1:00 Western TV Shows
 2:00 Bean Bag Number Toss
 3:00 Ice Cream Social
 3:30 One-on-One Walks
 4:00 Life Station Activity
 6:00 Tea & the Classics

12
 9:00 Walking Club
 9:30 Morning Readings
 10:00 Live Church Service
 11:00 Gardening/Sensory
 1:00 Relaxing Music
 2:30 Reminiscing Trivia
 3:00 Balloon Tennis
 4:00 Manicure & Hand Massage
 6:00 Late Snack with Soft Music

13
 9:00 Walking Club
 9:30 Morning Reading
 10:00 Dancing Exercise
 11:00 Noodle Hockey
 1:00 Western TV Shows
 2:00 Armchair Travel
 3:00 Table Pong
 4:00 Puzzles/Table Games
 6:00 Music to Sooth the Soul

14
 9:30 Morning Readings
 10:00 Morning Exercise
 10:45 Bingo
 1:00 Western TV Shows
 2:00 Karaoke Fun
 3:00 Valentine's Day Karaoke Party
 4:00 Life Station Activity
 6:00 Late Snack with Soft Music
 Valentine's Day

15
 9:30 Morning Readings
 10:00 Fitness Fun with Noodles
 11:00 Horseshoe Toss
 1:00 Western TV Shows
 2:00 Who Am I?
 2:30 Snack & Hydrate
 3:00 Giant Dice Game
 4:00 Manicure & Hand Massage
 6:00 Late Snack with Soft Music

16
 9:00 Walking Club
 9:30 Morning Readings
 10:00 Exercise with Parachute
 11:00 Bingo
 1:00 Western TV Shows
 2:00 Happy Hour & Snack Time
 3:00 Different Group Therapies
 4:00 Life Station Activity
 6:00 Late Snack with Soft Music

17
 9:30 Morning Readings
 10:30 Catholic Church Service
 10:30 Chair Dancing
 11:00 Golf Putty
 1:00 Western TV Shows
 2:00 Table Tidbits & Snacks
 3:00 Different Group Therapies
 4:00 Manicure & Hand Massage
 6:00 Late Snack with Soft Music

18
 9:30 Morning Readings
 10:30 Bingo
 1:00 Western TV Shows
 2:00 Bean Bag Number Toss
 3:00 Ice Cream Social
 3:30 One-on-One Walks
 4:00 Life Station Activity
 6:00 Tea & the Classics

19
 9:00 Walking Club
 9:30 Morning Readings
 10:00 Live Church Service
 11:00 Gardening/Sensory
 1:00 Relaxing Music
 2:30 Reminiscing Trivia
 3:00 Balloon Tennis
 4:00 Manicure & Hand Massage
 6:00 Late Snack with Soft Music

20
 9:00 Walking Club
 9:30 Morning Reading
 10:00 Dancing Exercise
 11:00 Noodle Hockey
 1:00 Western TV Shows
 2:00 Armchair Travel
 3:00 Table Pong
 4:00 Puzzles/Table Games
 6:00 Music to Sooth the Soul
 Presidents' Day

21
 9:30 Morning Readings
 10:00 Morning Exercise
 10:45 Bingo
 1:00 Western TV Shows
 2:00 Karaoke Fun
 3:00 Mardi Gras Karaoke Party
 4:00 Life Station Activity
 6:00 Late Snack with Soft Music
 Mardi Gras

22
 9:30 Morning Readings
 10:00 Fitness Fun with Noodles
 11:00 Horseshoe Toss
 1:00 Western TV Shows
 2:00 Who Am I?
 2:30 Snack & Hydrate
 3:00 Giant Dice Game
 4:00 Manicure & Hand Massage
 6:00 Late Snack with Soft Music
 Ash Wednesday

23
 9:00 Walking Club
 9:30 Morning Readings
 10:00 Exercise with Parachute
 11:00 Bingo
 1:00 Western TV Shows
 2:00 Happy Hour & Snack Time
 3:00 Different Group Therapies
 4:00 Life Station Activity
 6:00 Late Snack with Soft Music

24
 9:30 Morning Readings
 10:30 Catholic Church Service
 10:30 Chair Dancing
 11:00 Golf Putty
 1:00 Western TV Shows
 2:00 Table Tidbits & Snacks
 3:00 Different Group Therapies
 4:00 Manicure & Hand Massage
 6:00 Late Snack with Soft Music

25
 9:30 Morning Readings
 10:30 Bingo
 1:00 Western TV Shows
 2:00 Bean Bag Number Toss
 3:00 Ice Cream Social
 3:30 One-on-One Walks
 4:00 Life Station Activity
 6:00 Tea & the Classics

26
 9:00 Walking Club
 9:30 Morning Readings
 10:00 Live Church Service
 11:00 Gardening/Sensory
 1:00 Relaxing Music
 2:30 Reminiscing Trivia
 3:00 Balloon Tennis
 4:00 Manicure & Hand Massage
 6:00 Late Snack with Soft Music

27
 9:00 Walking Club
 9:30 Morning Reading
 10:00 Dancing Exercise
 11:00 Noodle Hockey
 1:00 Western TV Shows
 2:00 Armchair Travel
 3:00 Table Pong
 4:00 Puzzles/Table Games
 6:00 Music to Sooth the Soul

28
 9:30 Morning Readings
 10:00 Morning Exercise
 10:45 Bingo
 1:00 Western TV Shows
 2:00 Karaoke Fun
 3:00 Chair Basketball
 4:00 Life Station Activity
 6:00 Late Snack with Soft Music

February 2023

Memory Care Community Activities Calendar