

ASSISTED LIVING & MEMORY CARE



• Every day - 1:00 Walking Club (weather permitting) • Every Tuesday - 1:00 Walmart • Every Wednesday - 11:30 Lunch Outing • Every Thursday - 1:00 Mall Walks

Monday	Tuesday	Wednesday	Thursday
10:00 • Gentle Stretching	9:00 • Friendly Visits	9:00 Bible Study	<b>10:00</b> • Dog Visits
10:30 • Stretch & Strengthen	10:30 · Sittercise	10:30 • Stretch & Strengthen	10:30 • Sittercise
11:00 · Wii Bowling	11:00 • Pet Therapy	11:00 • Pick Your Art	11:00 · Brain Games
2:00 · Happy Hour	2:00 · Happy Hour	2:00 · Happy Hour	1:00 • Bean Bag Toss
3:00 • Music Monday	2:15 • Bingo	3:15 • Rehydrate	2:00 · Happy Hour
7:00 · Card Club	4:00 · Polka Music	4:00 • Balloon Volley	3:00 • Music with Melody
	<b>6:00</b> • Movie	7:15 • Worship Service	6:00 • Painter's Pick

_Friday	_Saturday	_Sunday
9:00 • Smooth Moves	9:30 • Nail Care	10:00 • Stretch & Strengthen
10:30 • Stretch & Strengthens	10:30 • Stretch & Strengthen	11:00 • Church Service
11:00 • Favorite One Dish	11:00 • Book Club	1:30 • Devotion
1:00 • Meals	2:15 • Bingo	3:00 • Fellowship
2:00 • Table Games	<b>4:00</b> • Men's Club	4:00 · Women's Club
<b>6:00</b> • Happy Hour		